**These Perilous Times**

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**“Whose Word are we Listening to?”**

“**Thy Word** is a lamp unto my feet and a light unto my path.” Psalms 119:105 KJV

(Emphasis supplied)

 **God’s Word** is the Christian’s GPS-the moral compass that illuminates our journey to “Heavenly Canaan.” Many of God’s loyal people have been emphatically stating (especially during these trying times) we can find *comfort* and *hope* in **God’s Word**. Amen!

**What does this mean for us?**

**Obvious Signs Do Tell The Season**

We can always rely on the Word of God to direct our lives. If God said it, He means it!

**God’s Promise**

“…If thou wilt diligently hearken to the *voice of the Lord my God*, and wilt do that which is right, and wilt give ear to His commandments, and keep all His statues, I will put none of these diseases upon thee, which I have brought upon the Egyptians: for I am the **LORD** that *healeth thee*.” Exodus 15:26 KJV (Emphasis supplied)

**Hygiene Among the Israelites**

“In the teaching that God gave to Israel, the preservation of health received careful attention. The people who had come from slavery with unclean and unhealthful habits which it engenders, were subject to the strictest training in the wilderness before entering Canaan. Health principles were taught and sanitary laws enforced…

 The necessity of personal cleanliness was taught in the most impressive manner. Before gathering at Mount Sinai to listen to the proclamation of the law by the **voice of God**, the people were to wash both their persons and their clothing this direction was enforced on the pain of death. No impurity was to be tolerated in the presence of God… [[1]](#footnote-1) (Emphasis supplied)

 Not only were heath principles strictly enforced as honor to God, but *rejoicing* was also a part of health and healing. “A merry heart doeth good like a medicine…” Proverbs 17:22.

 “*Gratitude, rejoicing, benevolence, trust in God’s love and care*-these are health’s greatest safeguard. To the Israelite’s they were to be the very keynote of life” [[2]](#footnote-2) (Italics supplied).

“And when He had called the twelve disciples to Him, *He gave them power* over unclean spirits, to cast them out, and to *heal all kinds of sickness and all kinds of disease*.”

Matthew 10:1 NKJV

(see also James 5:13-16 Italics supplied)

**More promises from God**

We can also be imbued, and claim the same healing power that Christ’s first disciples had. But we need to exercise our **FAITH!**

(See Matt. 17:20; Luke 17:6; John 14:12-14)

**Just ask, and claim the promise!**

1. E. G. White. The Ministry of Healing, pp. 113-117. [↑](#footnote-ref-1)
2. Ibid. p. 115. [↑](#footnote-ref-2)